

**LITTLE
RIVER** 
UNITED CHURCH OF CHRIST

April 21, 2024
The Fourth Sunday of Easter
8410 Little River Turnpike
Annandale, VA 22003-3710
(703) 978-3060 ~ office@lrucc.org
www.lrucc.org

WELCOME!

We are glad you're worshipping with us today! Since our founding in the 1950s, we at Little River United Church of Christ (UCC) have been called by God to celebrate diversity, independent thought, and faithful action. This call led us to become racially integrated in the segregated Virginia of the 1950s, and in 2001 to become an open and affirming congregation that celebrates LGBTQ+ folks, including full access to the rites of ordination and marriage. We invite you to become part of this community, building on our heritage of proclaiming God's radically inclusive love to our congregation, neighborhood, and world. We'd love to have you join us in these sacred tasks!

Please take a moment to fill out the red friendship notebook at the end of each pew, so that our pastor might offer a word of welcome.

WE'RE IN-PERSON AND ONLINE

We are excited to welcome members, friends, and visitors for worship both in person and online (hybrid services). Masks are optional for those attending worship in person. All worship services are recorded and uploaded to YouTube for on-demand viewing. Those attending worship in-person (adults and children) may be seen attending and participating during the worship service.

LET THE CHILDREN COME!

Little River's nursery welcomes infants through 4 year olds on Sunday mornings (9:30 A.M.–12 P.M.) with our devoted child care providers, Yris and Mia. During 10 A.M. Sunday worship, Sunday School is offered for 5 year olds through 12th grade. The Youth Group meets on select Sundays for 6th–12th grades. Please check with an usher for the location of classes.

STAY IN TOUCH

Little River UCC produces a weekly e-newsletter, *Current Tidings*, and periodically sends out *Alerts* (emails with significant, time-sensitive information). All submissions for the weekly bulletin and e-newsletter should be submitted to the office by Wednesdays at noon. We also send out a monthly print newsletter, *Current Reflections*. To receive any of these communications, please send an email to currents@lrucc.org or call the church office at 703-978-3060 to give us your contact information.

We have a Facebook page ([Facebook.com/LittleRiverUnitedChurchOfChrist](https://www.facebook.com/LittleRiverUnitedChurchOfChrist)) and an Instagram account ([Instagram.com/littleriverucc/](https://www.instagram.com/littleriverucc/)) where we post photos of recent events, announcements of upcoming programs, and news from the wider UCC. We also have a Facebook private group ([Facebook.com/groups/80950098659](https://www.facebook.com/groups/80950098659)) for members and friends, where we can share prayer concerns and thanksgivings, post and discuss church events, and post other items of interest to Little River community members.

STAFF AND PARTNERS

The Rev. Dr. Shelli M. Poe, Senior Minister

shelli@lrucc.org

Craig Stapert, Director of Music and Communications

craig@lrucc.org

Ashton Streavig, Children and Youth Choir Director

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Yris Saenz, Child Care Provider

Mia Morgan, Church School Teacher Assistant

The Rev. Dr. Verne Arens, Pastor Emeritus

The Rev. Hubert S. Beckwith, Founding Pastor

SERVICE OF CELEBRATION AND WORSHIP

APRIL 21, 2024

* PLEASE STAND AS YOU ARE ABLE

CENTERING MUSIC

There Is a Balm in Gilead
setting by Thomas Keesecker

Craig Stapert, piano

*Please take a moment to fill out the red friendship notebook at the end of each pew
and return it so that you can greet those sitting near you.*

WELCOME AND ANNOUNCEMENTS

Rev. Dr. Shelli M. Poe

OPENING PRAYER

Rev. Dr. Shelli M. Poe

* HYMN

O God in Whom All Life Begins

NOEL

(SEE BACK OF BULLETIN FOR MUSIC)

CALL TO WORSHIP

Nancy D. Hall

One: Come, let us worship God who is creating a new heaven and a new earth.
Today is a new day, a fresh start, and a day of new beginnings.

**All: Come, let us worship God who creates peace out of chaos,
calm out of anxiety, and hope out of despair.
Even when we are depressed, we trust God is with us.**

One: Come, let us praise God who chooses to be among us, one of us,
a God dwelling among we who are living with mental health challenges,
substance use disorders, brain disorders, and neurodiversity.

**All: Come, let us praise God who says to each one of us,
“no matter who we are or what medications we take
or our diagnoses or where we are on life’s journey:
I will be your God.”**

One: Come, let us give thanks to God who promises
to wipe away every tear from our eyes.

**All: Come, let us give thanks to God who loves us so much
that death, mourning, crying, and pain cannot stop God from loving us.
This is our greatest hope: we are held in God’s love.**

One: Come, let us rejoice, for God, the Alpha and Omega,
is making all things new!

INVOCATION

Nancy D. Hall

IN RECOGNITION OF EARTH DAY

ANTHEM

Look at the World
by John Rutter

Sanctuary Choir

PASSING OF THE PEACE

Rev. Dr. Shelli M. Poe

*If you are worshipping with us online, please type your words of peace in the chat box.
If you are worshipping in person, please greet one another as you feel most comfortable.*

One: The peace of Christ be with you.

All: And also with you.

TIME WITH CHILDREN

Rev. Dr. Shelli M. Poe

PRAYER FOR ILLUMINATION

Rev. Dr. Shelli M. Poe

OLD TESTAMENT LESSON

Psalm 23

Nancy D. Hall

NEW TESTAMENT LESSON

John 13:31–35

Nancy D. Hall

REFLECTIONS ON MENTAL HEALTH

Bryce Summers

LITANY OF EXTRAVAGANT WELCOME

Rev. Dr. Shelli M. Poe

One: Let us pray to the Creator of all Life: Eternal Divine Spirit, we pray for the Church that you created through your beloved, Jesus Christ; that it may provide an extravagant welcome and serve those who live with a mental illness, particularly in minority communities.

All: God, in your grace, hear our prayer.

One: Guide us, the citizens and leaders of this land, this region and this city ... that we may unite to provide for and protect those of us who are poor, homeless and suffer in mind, body and spirit,

All: God, in your wisdom, hear our prayer.

One: Forgive us as a community, when we knowingly or unknowingly ridicule, look in disgust, neglect or discriminate against those who suffer from mental illness.

All: God, in your mercy, hear our prayer.

One: Comfort and relieve those who are troubled in mind and spirit. Bring them hope, peace and the consolation of a loving community.

All: God, in your love, hear our prayer.

One: Grant patience and courage to the families and friends of those who are ill. Increase their perseverance as they face challenges to recovery for their loved one.

All: God, in your faithfulness, hear our prayer.

One: Protect and defend those living with mental illness from exploitation, addictions and abuse.

All: God, in your power, hear our prayer.

One: God, increase our awareness, compassion, and sensitivity so that we can embrace our siblings and cousins who wrestle with Mental Illness.

All: God, in your activity, hear our prayer.

One: Eternal Spirit of Love, Giver of life and health, we trust that in your time and way, you will dispel all confusion with your order, all fear with your peace. Through Jesus Christ, who intercedes for us and reigns with you and the Holy Spirit, one God, now and forever. Amen.

* HYMN 575

Come and Find the Quiet Center

BEACH SPRING

(SEE BACK OF BULLETIN FOR MUSIC)

VERSE 1

REFLECTIONS ON MENTAL HEALTH

Emily Weinig

LITANY OF NAMING

Rev. Dr. Shelli M. Poe

One: On this Mental Health Sunday, we join in this Litany of Naming.

All: As a congregation we are glad to lift up our voices and our spirits to break the silence that often happens when we are confronted with mental illness.

One: As a faith community, we name the gifts and the often unnamed experiences which come to those who live with a mental illness such as major depression, bipolar disorder, anxiety disorder, schizophrenia, substance use, addiction, historic and generational trauma, racial trauma, grief and eating disorder. We name:

All: The Hope which upholds our spirit through honest sharing

One: The Pain when people turn away because of fear

All: The Courage to speak in a safe place the way that Jesus spoke truth with love

One: The Strength from being with others who listen compassionately

All: The Isolation that comes when no one knows what to say

One: The Realization that mental illnesses and brain disorders can be managed

All: The Exhaustion that comes with living with a mental illness as well as for those who are caregivers

One: The Welcome of mental health as part of our church's ministry and outreach

All: The Wisdom that comes when we become educated about mental health

One: The Spirituality that comes when we walk alongside those who show both resilience and vulnerability in their lives affected by mental illness

**All: We receive these gifts that we have named,
those which are welcomed and those that are challenges.
We come before you, our God,
knowing we are not alone
and that You will show us a way to be and live.
In the name of Jesus, we pray, Amen.**

* HYMN 575

Come and Find the Quiet Center

BEACH SPRING

(SEE BACK OF BULLETIN FOR MUSIC)

VERSE 2

PREVENTING SUICIDE

Karen Holley

PRAYER OF CONFESSION AND WORDS OF ASSURANCE

Rev. Dr. Shelli M. Poe

One: God of promise and possibility, we come before you broken and breathless, thinking we are trudging through a valley of lifeless bones. We look for life amidst the bones and dust and fail to notice your breath flowing in and around us. We think we need to be perfect before we can enter the new life you have for us. We become fearful when illness in body, mind, or spirit enters into our lives or the lives of those around us. We worry that sickness of body, that mental illness, is a judgment from you. We would rather walk in a valley of bones than believe that your Love, your Spirit, claims us all—in our brokenness and our wholeness. Open us to the power of your Spirit, a power that makes us all whole: bone, sinew, and flesh filled with your breath. Let us remember that you do not leave us alone in a valley filled with dusty, dry bones; You call us into new life, again and again.

One: Hear the Good News:
No valley is too despairing, broken, or dusty for God to enter in.
No fear, no chaos, no hopelessness is beyond the reach of the One
whose breath gives us life.

**All: Through Christ, God sees our wholeness.
Through Christ, love and new life are always possible.**

One: Come, Holy Spirit, come. Make all things new.

**All: We are reclaimed and remade by the Spirit of Life.
In our brokenness and in our wholeness we are God's beloved.
Thanks be to God. Amen.**

* HYMN 575

Come and Find the Quiet Center

BEACH SPRING

(SEE BACK OF BULLETIN FOR MUSIC)

VERSE 3

CALL TO OFFERING

Nancy D. Hall

An usher will be near the back of the sanctuary to receive your gifts at the end of the service. To give online, the QR code in your bulletin will direct you to the donation webpage, or you may visit www.lrucc.org. You may also mail a check to the church.

PRAYER OF DEDICATION

Nancy D. Hall

* DOXOLOGY

OLD HUNDREDTH

**Praise God from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host.
Creator, Christ, and Holy Ghost. Amen.**

THANKSGIVINGS & CONCERNS

Rev. Dr. Shelli M. Poe

Those worshiping in person may raise a hand and a microphone will be brought to you. You may also write your request on a card in the pew and place it in the offering plate as you leave. Those on Zoom may type a prayer request in the chat box to be read in the service on your behalf; please include your name with the prayer request. If you do not wish to share your prayer concern with the congregation, you may email Pastor Shelli at Shelli@lrucc.org.

Please end your time of sharing by saying, "This is my prayer."
We will respond by saying, "This is our prayer."

PASTORAL PRAYER & PRAYER OF OUR SAVIOR

Rev. Dr. Shelli M. Poe

**Loving God, through the Spirit's revelation,
may Your true nature be honored everywhere.
May Your reign of love come.
May the desire of Your heart for the world be done,
in us, by us, and through us in the power of the Spirit.
Give us the bread we need for each day.
Forgive us.
Enable us to forgive others.
Keep us from all anxiety and fear.
For You reign in the power that comes from love, which is Your glory,
forever and ever. Amen.**

* HYMN 490

Sister, Let Me Be Your Servant

THE SERVANT SONG

(SEE BACK OF BULLETIN FOR MUSIC)

* COMMISSION

Rev. Dr. Shelli M. Poe

One: The One who created all that is calls us by name
and invites us into a life of abundant Love.

**All: We go out into the world as God's beloved people,
bringing Holy Love to all whom we meet.**

One: Jesus taught us to love one another as fiercely and freely as God loves each of us,
with the power that binds us together as the Body of Christ.

**All: We will embody Christ by shattering stigma and welcoming all,
leaving no one outside.**

One: The Spirit fills us with the Breath of Life and urges us to imagine anew
how to be Church in the world today.

**All: We will breathe deeply and move beyond what has been and what is.
We will follow the Spirit and bring hope and healing
to all who live in despair and brokenness.
We will be the Church!**

POSTLUDE

With High Delight, Let Us Unite
setting by Michael D. Costello

Craig Stapert, organ

*We encourage you to enjoy the postlude as a time of reflection to conclude our worship
together. If you need to slip out, please use a side door.*

Please join us in the social hall for coffee and conversation following the postlude.

*The sanctuary flowers were given today by Ellen Wertman as an expression of welcome and
gratitude to Rev. Jonas Zanke for his visit to Little River.*

All of these resources come from an online source provided by the mental health network of the UCC:
www.mhn-ucc.org/mental-health-sunday. Music used with permission, reprinted and streamed under
Onelicense A-715105.

TODAY

Childcare is available from 9:30 A.M. to 12 P.M. every Sunday! Bring your children of any age to the nursery, and Yris and Mia will care for them while you prepare for and participate in worship. At coffee hour, Yris and Mia staff our Kids' Table, where children of all ages can eat together and find table activities to enjoy. If some kids want to go outside on the playground, Yris or Mia will go with them to supervise. If you're on your way to another church activity, just sign your children in with Yris and Mia by 11:30 A.M. Depending on the needs of the children present, they'll stay in the social hall, play outside, or go to the nursery. Pick up your children by 12 P.M., or let us know at least a week ahead of time that you'll need extended child care by emailing office@lrucc.org.

Mental Health Sunday

Today we are observing Mental Health Sunday with the liturgy from the UCC's Mental Health Network. We will hear from Bryce Summers and Emily Weinig, who will talk about how to support people with mental illness; Karen Holley, who was a psychiatric nurse for a decade, will talk with us about suicide prevention. Please look on the table outside the social hall for information from the National Alliance on Mental Illness (NAMI) or visit NAMI.org.

Knit & Crochet for Knit the Rainbow

Today and Sunday, May 26

To enable greater participation in making items for Knit the Rainbow, the Chat & Craft group will hold two "pop up" events: today and on Sunday, May 26, 9–10 A.M. and 11 A.M.–12 P.M. in the Conference Room. Knit the Rainbow is an NYC-based organization that receives hand knit and crocheted winter accessories for distribution to homeless LGBTQ+ youth in NYC and several other US cities (knittherainbow.org). Please join us for any length of time to chat, craft, or receive a knitting or crochet lesson! Yarn, needles, and patterns will be available. All ages welcome! For questions, email chatcraft@lrucc.org.

Newcomers Welcome Opportunities

Are you new to Little River and looking for ways to connect? We want to get to know you and connect you with our community. Newcomers are welcome to join us for coffee hour after worship. Look for the "Welcome Table," where you can meet other newcomers and get to know us a bit better.

LITTLE RIVER CHANGES LIVES!



Thank you for your generosity in supporting the ministries of Little River. To use the QR Code to the left, open your phone camera and direct it toward the code. Wait for a link to pop up, and then tap the link. It will take you directly to the Little River donation webpage. Thank you for your support!

THIS WEEK AND BEYOND

Chat & Craft If You Want To

Wednesday, April 24, 2 P.M.

Chat & Craft meets on the second and fourth Wednesdays of each month. The next meeting is Wednesday, April 24, and will meet at Little River in Room 8 or you may also join by Zoom: bit.ly/LR-ChatCraft.

Church History of Central Germany from the Reformation to the Present Day

Wednesday, April 24, 7 P.M.

Central Germany is the region in which the Protestant Reformation took place, but since then there has been a lot of change. Disputes, wars, monarchies, and their successors transformed the face of the Protestant church many times. The Rev. Jonas Zanke will lead us through those changes and how they inform current Protestant life in central Germany. Zoom: bit.ly/LR-Jonas.

Invasive Plant Removal Work Day**Saturday, April 27, 9–11:30 A.M.**

Volunteers are needed to help remove invasive vines on the church property. This effort will count towards Little River's cost share for the TPPF (Tree Planting and Preservation Fund) mini-grant that we received for invasive plant removal in 2024. This will be moderately strenuous work that requires bending over, digging, and pulling. Wear long sleeves and pants; sturdy socks that cover the ankles; closed toe shoes; sun hats; sturdy work gloves or garden gloves are A MUST! Please bring hand trowel; clippers; hand weeding tools (some tools will be provided); water bottle; sunscreen. Questions? Contact Robin Petrusak at trustees@lrucc.org.

Dinner with Rev. Jonas**Saturday, April 27, 6–8 P.M.**

On April 27, Rev. Jonas's final Saturday with us, the congregation is invited to enjoy dinner with him at Carrie and Bruce Douglasses' house from 6 to 8 P.M. The Douglasses will provide the entree (vegetarian and non-vegetarian) and ask people to bring a salad or dessert. Please RSVP at bit.ly/LR-JonasDinner. Their address is 3700 Chanel Rd, Annandale, VA 22003.

Fair Trade Sale**Sunday, April 28**

Our next Fair Trade Sale will be Sunday, April 28. Look for the table outside the social hall. With Mother's Day just around the corner, it's a good time to purchase olive oil, coffee, and, of course, delicious chocolate bars!

African American Museum Tour**Sunday, April 28, 1:45 P.M.**

Our Antiracism Ministry is thrilled to offer our church community a tour of the National Museum of African American History and Culture, led by our antiracism consultant, Pastor Darryl! Moch. The tour will be on Sunday, April 28, at 1:45 P.M. The National Museum of African American History and Culture is the only national museum devoted exclusively to the documentation of African American life, history, and culture. We have 25 passes; please RSVP at bit.ly/LR-AfricanAmericanMuseum.

Frederick Douglass Historic Site Tour**Saturday, May 11**

Frederick Douglass spent his life fighting for justice and equality. Born into slavery in 1818, he escaped as a young man and became a leading voice in the abolitionist movement. People today find inspiration in his tireless struggle, brilliant words, and inclusive vision of humanity. The Women's Ministry Team and Antiracism Ministry are coordinating a group tour at the Frederick Douglass Historic site on Saturday, May 11 (tour begins at 2 P.M.; please arrive at the historic site by 1:30 P.M.). We need an idea of how many people are interested in taking the tour, so signing up is not a commitment to attend but only for your interest and availability to drive/carpool: bit.ly/LR-DouglassTour.

Save the Date: Next LRUCC Book Group Meeting**Monday, May 20, 7 P.M.**

LRUCC Book Group in May will be presented by the Women's Ministry and supported by our Antiracism Ministry. We will discuss *Hollywatts*, the memoir of our former interim pastor, the Rev. Dr. Arthur L. Cribbs, Jr. He describes the journey his family took from the segregated life in Memphis to a new life in Southern California, seeking a better life that his parents wanted for the family. Seven years after graduating from high school the author returns to see a dramatically changed Watts. Guns, gangs, and drugs completely transformed his childhood home, a change that Pastor Art describes as orchestrated.

Our discussion will center on the life of the Cribbs family and the possible sources of the changes the author describes. As a very special guest, the author himself, Pastor Art, will be joining the Book Group discussion from the west coast!

ONGOING PROGRAMS AND MINISTRIES**Queer Theology****Tuesdays, 7:30 P.M.**

Pastor Shelli is leading Tuesday discussions on Queer Theology. The field is new and burgeoning. It has nothing to do with arguments from scripture or tradition about whether same sex relationships are legitimate or sacred. They are! The field of queer theology is about breaking binaries, deconstructing established categories of thought, and waking us up to new possibilities. To receive updates and materials for the sessions, email Pastor Shelli at Shelli@lruc.org. Discussions are planned through Tuesday, May 7. Join by Zoom for this important field of theology discussion sessions: bit.ly/LR-QueerTheology.

Yoga at LRUCC**Saturday, May 4, 8:30 A.M.**

Come for our yoga class led by Abigail Freeman every first and third Saturday. Abigail is experienced in teaching many forms of yoga, including Prenatal Yoga, Mommy and Me, chair yoga, and everything in between. This is a time for fun and movement for congregants and friends of all ages!

Meditation Group Meeting**Sundays, 9 A.M.**

The Little River Meditation Group meets every Sunday in Room 8 and via Zoom. All are welcome. Meetings end at 9:45 A.M. so participants can make it to worship. Questions? Contact Carolyn Yocom. Zoom: bit.ly/LR-Meditation.

Monday Morning Religious Studies**Mondays, 10 A.M.**

The class is viewing and discussing the 24-lecture video series *Thinking about Religion and Violence*. This is a hybrid class (in-person and online). For more information, please contact Little River member Joanne Zellers. Meet in Room 8 or join by Zoom: bit.ly/LR-ReligiousStudy.

2024 Graduation Information

Please help LRUCC and the Board of Christian Education celebrate our 2024 graduates by sharing graduation information using this form: bit.ly/LR-Grads2024. **Deadline for graduate information is May 17.** We will recognize graduates and celebrate high school graduates during our June 9th service. Any questions, email youthgroup@lrucc.org.

Upcoming Youth Events

- **April 28 - African American History Museum.** Families with older children and teens are invited to join the anti-racism ministry's visit to the African American History museum. (See details above.)
- **May 3, 7:30–8:30 P.M. - Youth Group Meeting.** Youth are invited to come enjoy frozen yogurt and hangout at Peachwave in Fairfax (University Mall)! Parents are invited to come, too, and hang out separately.
- **May 19 - Confirmation Sunday.** We will celebrate youth who have been confirmed with a cake during social hour. We will have a **youth group meeting** in Room 7 after coffee hour until 1 P.M. We will enjoy pizza and play games.
- **June 8 - DC Pride Parade.** The youth are invited to join the Little River group marching in the DC Pride parade. You're welcome to join as a family or youth can attend with the youth group. Please let Karen Kleiber know if your youth would like to attend with the youth group, and we can meet up at a metro station. More information to follow.

Any questions, please email youthgroup@lrucc.org.

VOLUNTEER OPPORTUNITIES

Food Pantry Donations on Communion Sundays and Wednesdays

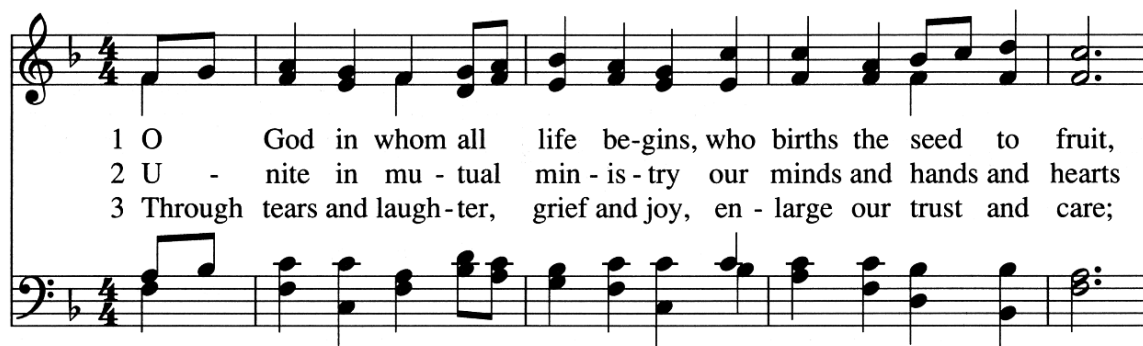
Little River collects donations for neighbors in need across Northern Virginia and works with F.I.S.H. volunteers for distribution; walk in requests for food donations can be made by contacting the church office. We invite you to bring donations for the food pantry to the church on Communion Sundays (usually the first Sunday of each month) and place them in the narthex. Food donations may also be dropped off on Wednesdays by placing your items in bags outside the church front doors before 3 P.M. Food bags are distributed through F.I.S.H. and are packed with canned meat, canned fruit, canned vegetables, instant milk, peanut butter, cereal, pasta, and pasta sauce.

LITTLE RIVER EVENTS OF THE WEEK OF APRIL 21, 2024

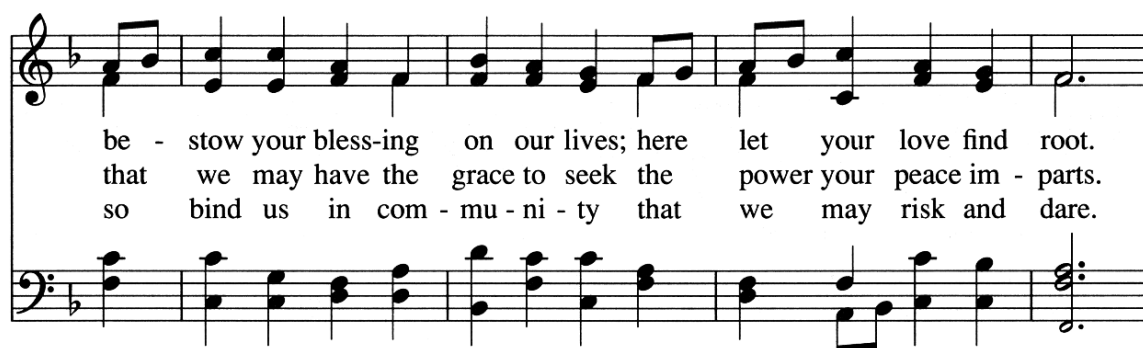
Sunday, April 21	9:00	Meditation Group Meeting
	10:00	Sunday Worship Service (Hybrid)
	10:00	Nursery
	11:15	Coffee Hour
	11:15	Handbell Rehearsal/Room 8
	11:15	Confirmation Class (Jubilee Room)
	11:30	BOSJ/Conference Room
Monday, April 22	10:00	Religious Studies (Hybrid)
	7:00	Scouts
	7:30	Open & Affirming Ministry (Online)
Tuesday, April 23	12:00	Staff Meeting
	7:30	Queer Theology Discussion (Zoom)
Wednesday, April 24	2:00	Chat & Craft If You Want To (Hybrid)
	7:00	Rev. Jonas Presentation
Thursday, April 25	3:00	Strategic Planning
	7:30	Sanctuary Choir Rehearsal
Friday, April 26		No LRUCC Events
Saturday, April 27	9:00	Invasive Plant Removal Work Day
	6:00	Douglas Dinner with Pastor Jonas

O God in Whom All Life Begins

Carl P. Daw, Jr., 1992



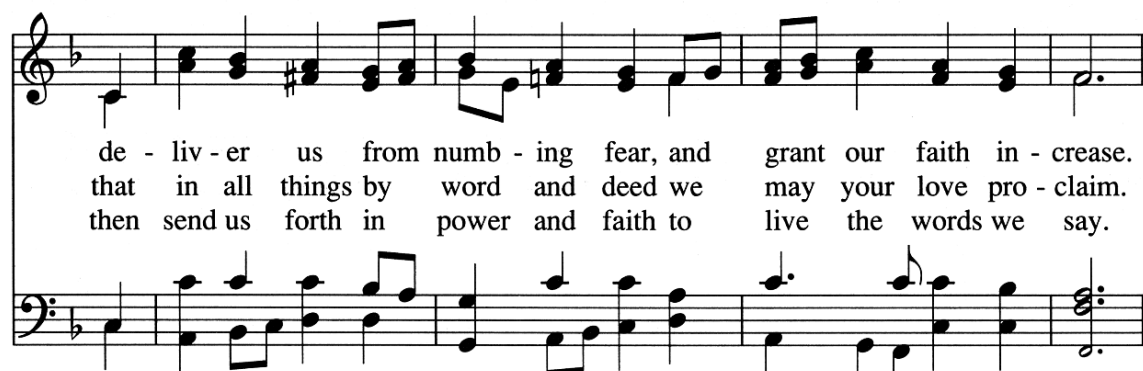
1 O God in whom all life be-gins, who births the seed to fruit,
2 U - nite in mu - tual min - is - try our minds and hands and hearts
3 Through tears and laugh - ter, grief and joy, en - large our trust and care;



be - stow your bless - ing on our lives; here let your love find root.
that we may have the grace to seek the power your peace im - parts.
so bind us in com - mu - ni - ty that we may risk and dare.



Bring forth in us the Spir - it's gifts of pa - tience, joy, and peace;
So let our var - ied gifts com - bine to glo - ri - fy your Name
Be with us when we gath - er here to wor - ship, sing, and pray,



de - liv - er us from numb - ing fear, and grant our faith in - crease.
that in all things by word and deed we may your love pro - claim.
then send us forth in power and faith to live the words we say.

Carl P. Daw, Jr., is an Episcopal priest who began hymnwriting while serving on the text committee for The Hymnal 1982. He has held academic positions at the College of William and Mary and the University of Connecticut, where he was also vicar-chaplain.

Tune: NOEL C.M.D.
Traditional English melody
Arr. Arthur S. Sullivan, 1874

575 Come and Find the Quiet Center

Unison F B \flat C7

1. Come and find the qui - et cen - ter in the crowd - ed life we
 2. Si - lence is a friend who claims us, cools the heat and slows the
 3. In the Spir - it let us trav - el, o - pen to each oth - er's

F F B \flat

lead, find the room for hope to en - ter, find the
 pace, God it is who speaks and names us, knows our
 pain, let our loves and fears un - rav - el, cel - e -

C7 F Am7

frame where we are freed: clear the cha - os and the
 be - ing, touch - es base, mak - ing space with - in our
 brate the space we gain: there's a place for deep - est

Dm Am7 Dm Am7 B \flat (C7)

clut - ter, clear our eyes, that we can see all the
 think - ing, lift - ing shades to show the sun, rais - ing
 dream - ing, there's a time for heart to care, in the

F B \flat C7 F

things that real - ly mat - ter, be at peace, and sim - ply be.
 cour - age when we're shrink - ing, find - ing scope for faith be - gun.
 Spir - it's live - ly schem - ing there is al - ways room to spare!

WORDS: Shirley Erena Murray, 1989
 MUSIC: Traditional American melody; arr. Jack Schrader

BEACH SPRING
 87.87D

Sister, Let Me Be Your Servant

1. Sis - ter, let me be your ser - vant, bro - ther,
 2. We are pil - grims on a jour - ney, we are
 3. I will weep when you are weep - ing, when you
 4. When we sing to God in heav - en, we shall
 5. Broth - er, let me be your ser - vant, sis - ter,

1. let me walk with you; pray that I may
 2. trav - 'lers on the road. We are here to
 3. laugh I'll laugh with you. I will share your
 4. find such har - mo - ny, born of all we've
 5. let me walk with you; pray that I may

1. have the grace to let you be my ser - vant too.
 2. help each oth - er walk the mile and bear the load.
 3. joy and sor - row till we've seen this jour - ney thro'.
 4. known to - geth - er of great love and ag - o - ny.
 5. have the grace to let you be my ser - vant too.

WORDS: Richard Gillard, 1977, alt.
 MUSIC: Richard Gillard, 1977; arr. A. Eugene Ellsworth, 1994

THE SERVANT SONG
 87.87